## MY NDIS





When writing NDIS goals it's good for the goals to be as broad as possible .. but also highlight what you want out of your plan!

A support can only be paid for using your NDIS funding if it aligns with one of your goals.

Writing goals in a way that can be flexible, helps your NDIS plan cover your needs, even when they might change from time to time!



## There is no right or wrong way to write your goals, they are <u>your</u> goals!

As a suggestion, sometimes it can be helpful to consider a goal for:

HOME

A goal around housing or what home life means to you

WORK

Goal around whether I want to work or study now/in future

A goal working toward my day-to-day functioning or quality of life

**FUNCTION** 

SKILLS

Things I want to get better at to build my independance or confidence

Goal working toward a healthy mind and body

HEALTH

SOCIAL

A goal for my social and community participation

This way at least one of your goals should always align with how you want to use your plan!

\*Remember: you can change your goals or about me section without going for a review of your funding!

Just have a chat to your Support Coordinator, NDIA planner or LAC.

